B.Sc. Nursing Third Semester Feb.- March Examination-2026 **Code/N/156**

[Time: 03:00 Hrs.] Subject – Adult Health Nursing - I [Max. Marks: 75]

(I) Essay type question – (30)

1. Mr. Shukla 40 yrs old, admitted in hospital with the diagnosis of inguinal pain?
   (a) Define the term hernia.
   (b) List the types of hernia and explain the pathophysiology of inguinal hernia.
   (c) Explain the post operative care of Mr. Shukla who has undergone herniorrhaphy?
2. Mr. Rahul 56 yrs old man is admitted with uncontrolled diabetes mellitus?
   (a) Write the complications of diabetes mellitus.
   (b) Plan health education related to care of feet and diabetic diet?

(II) Short answer – (5x5=25)

(a) Pneumonia (b) Shock (c) Blood transfusion (d) Insulin therapy (e) Malaria

(III) Very short answer – (2x4=8)

(a) Cellulitis (b) Gangrene (c) Empyema (d) Polycythemia

(IV) MCQ – (1x12=12)

1. What is percentage of body fluids
   (a) 40-60% (b) 60-80% (c) 20-40% (d) 10-20%
2. Which of the following is the major advantage of a venture mask
   (a) It can deliver up to 100% oxygen (b) It is comfortable
   (c) It can deliver precise high flow rates of oxygen (d) Patient can eat and talk with the mask in place
3. Which of the following is one of the earliest manifestations of lung cancer
   (a) Hemoptysis (b) Persistent pneumonitis (c) Weight loss (d) Hoarseness
4. The pain medication of choice in acute myocardial infarction is
   (a) Pethidine hydrochloride (b) Diclofenac sodium (c) Codein sulphate (d) Morphine sulphate
5. Prophylactic antibiotics are indicated to prevent infective endocarditis for high risk individuals Who?
   (a) Are undergoing any dental procedures (b) Are undergoing normal vaginal delivery
   (c) Have acquired a viral respiratory tract infection (d) Are exposed to human immunodeficiency virus
6. Which Hepatitis is transmitted through feco- oral route
   (a) Hepatitis A (b) Hepatitis B (c) Hepatitis C (d) Hepatitis D
7. What is confirmation test for Typhoid fever?
   (a) WIDAL test (b) ELISA test (c) Western blot test (d) NSI test
8. One of the antithyroid drugs prescribed to control hyperthyroidism in graves disease is?
   (a) Beta blockers (b) Corticosteroids (c) NSAIDS (d) Prophylthiouracil
9. ADH is secreted by
   (a) Hypothalamus (b) Adrenal gland (c) Posterior pituitary (d) Kidney
10. Which diagnostic test would be best used first to evaluate a client with upper GI bleeding?
    (a) Endoscopy (b) Upper GI series (c) Hb and Hematocrit (d) Arteriography
11. Example for passive artificial immunity ?
    (a) Immunization (b) Maternal immunoglobulin (c) IV human gamma globulin (d) Recovery from disease
12. What is clinical judgement ?
    (a) Nursing diagnosis (b) Nursing assessment (c) Nursing paining (d) Evaluation

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