SANDIPANI ACADEMY
ACHHOTI

Healthy Today Brighter Tomorrow



WORLD DIABETES DAY

Together for a healthier future

- 14 NOVEMBER 2026
- 11 AM ONWARDS
- AT MULTIPURPOSE HALL

- Eat Healthy
- Be Active
- Maintain Healthy Weight
- Avoid Tobacco & Alcohol
- Regular Check-ups

Know Your Risk Take Control

Prevent Diabetes • Promote Healthy Living